

## Adult Social Care costings – update April 2021

The table below outlines some key average unit costs attributable to Adult Social Care (Adults and Safeguarding, Cambridgeshire County Council).

TYPE OF CARE	COST	MIN	MAX	DATA SOURCE
Average unit cost of one hour of domiciliary (home) care (older people)	£18.71			CCC Finance Team, April 2021
Average weekly unit cost of residential care (older people)	£617			CCC People and Communities Finance and Monitoring Report, January 2021
Average weekly unit cost of nursing care (older people)	£724			CCC People and Communities Finance and Monitoring Report, January 2021
Average weekly unit cost of live-in care (older people)	£823			CCC People and Communities Finance and Monitoring Report, January 2021
Average weekly unit cost of medium level care package – 3 to 4 calls a day, 10.5 – 14 hours per week (older people)		£196.46 (10.5 hrs)	£261.94 (14 hrs)	CCC Finance Team, April 2021
Average weekly unit cost of low-level care package – might be 1 to 2 calls a day or sessions in a day centre, 3.5 – 7 hours per week (older people)		£65.49 (3.5 hrs)	£130.97 (7 hrs)	CCC Finance Team, April 2021
Average unit cost of two weeks of respite care: this will depend on the type of respite required (residential/nursing) and the location in the county	£1,369			CCC Finance Team, April 2021
Average unit cost of one hour of Reablement (average length of package = 21 hours per person)	£26			CCC Finance Team, April 2021
Average weekly unit cost of residential care for an adult requiring learning disability support	£1,735			CCC People and Communities Finance and Monitoring Report, January 2021
Average weekly unit cost of residential care for an adult requiring physical disability support	£1,000			CCC People and Communities Finance and Monitoring Report, January 2021
Average weekly unit cost of a residential care placement for an adult requiring mental health support	£747			CCC People and Communities Finance and Monitoring Report, January 2021
Average weekly unit cost for an adult requiring adult mental health community-based day care support	£66			CCC People and Communities Finance and Monitoring Report, January 2021
Average weekly unit cost for an adult requiring adult mental health home and community support	£139			CCC People and Communities Finance and Monitoring Report, January 2021

Average ceiling daily rate for day opportunities for adults with learning disabilities (a day is made up of two standard sessions @ £28 per session)	£51			Average rate of the current framework for standard sessions CCC Finance Team, April 2021
--	-----	--	--	---

## Data Sources

Further data including information on Cambridgeshire County Council population demographics and Adult Social Care data for people in receipt of residential, nursing and community care can be found at:

<https://cambridgeshireinsight.org.uk/>

[https://data.cambridgeshireinsight.org.uk/search/field\\_topic/health-social-care-34/type/dataset?sort\\_by=changed](https://data.cambridgeshireinsight.org.uk/search/field_topic/health-social-care-34/type/dataset?sort_by=changed)

Further information on the Innovate & Cultivate Fund can be found on the Cambridgeshire Community Foundation website:

<https://www.cambscf.org.uk/icf.html>

## Key definitions

- Domiciliary/home care – Paid carers visit a person’s home and provide help with personal care tasks such as washing and dressing, daily living tasks such as meal preparation, reminders to take medication, etc. The hourly rate charged for services depends on what is required, the time of day and location.
- Live-in care – If people require a lot of help with their personal care, it may be easier to have a support worker/paid carer who lives in their home. This can be on a permanent basis or short-term following an illness or stay in hospital. Charges for live-in care depend on the amount of care and the skills and support required.
- Residential care – Residential care homes are for people who can’t continue to live at home, even with additional support or changes to their home. A residential care home helps people with personal care, including eating, washing, going to the toilet, and dressing. These homes do not offer nursing support.
- Nursing care – Nursing homes provide the same personal care as residential care homes, but also they provide 24-hour nursing care by trained nursing staff. If the person requiring care has a diagnosis of dementia, then their family/carers will need to make sure that the home is registered to meet these needs.
- Respite care stay – A short-term stay in a residential care home for a cared-for person to give a person who cares for them a break from caring responsibilities.
- Reablement – This is a short-term service designed to help people to become as independent as possible following an illness, an operation or a long-term condition, through learning or re-learning the skills necessary for daily living.